

WHAT'S IN MY

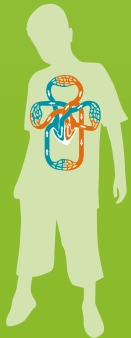
Milk?



ZINC
Maintains a healthy immune system



PROTEIN
Keeps your muscles strong



VITAMIN B12
Keeps your blood healthy

POTASSIUM
CARBOHYDRATE
ZINC
MAGNESIUM
VITAMIN B12
PROTEIN
CALCIUM
CARBOHYDRATE
PHOSPHORUS
MAGNESIUM
VITAMIN A
POTASSIUM
PHOSPHORUS
VITAMIN A
CALCIUM
ZINC
PROTEIN
CARBOHYDRATE
VITAMIN B12
ZINC
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VITAMIN A
MAGNESIUM
CALCIUM
VITAMIN B12
PROTEIN
MAGNESIUM
CALCIUM
ZINC
POTASSIUM
MAGNESIUM
VITAMIN A
POTASSIUM
CARBOHYDRATE



VITAMIN A
Super important for growth



CALCIUM, PHOSPHORUS AND MAGNESIUM
Keeps your teeth and bones strong



POTASSIUM
Keeps your nerves talking to your brain



CARBOHYDRATE
Gives you energy